Camp Gan Israel Parent Handbook Summer 2020/5780

Camp Gan Israel Office





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POLICIES AND INFORMATION SHEET FOR PARENTS AND CAMPERS

Please keep this information sheet while camp is in session for easy reference. If you have any questions, please forward them to Cynthia Musgrav or Natalie Honnigbaum in the camp office at 972-596-8270 or connect@cgiplano.org.

Camp Gan Israel operates for 4 weeks, from Monday, June 29 thru Friday, July 24, 2020.

1. <u>HOURS.</u>

9:00 a.m. to 3:45 p.m., Monday thru Friday. Early Drop Off begins at 8:00 a.m. Early Drop Off is \$25 per week. Late Stay ends at 5:30 p.m. Mon.-Fri. Late Stay is \$65 per week.

2. CANCELLATION AND REFUND POLICY.

There will be no refund In the event that the camp needs to close for 24 hr for cleaning due to a COVID case. If camp has to close due to COVID we will offer a pro rated refund for the remaining weeks There is no refund for daily absences.

No deviation from these policies is permitted.

3. ADDING OR TRANSFERRING WEEKS (AND LATE REGISTRATION).

We cannot guarantee that we can accept requests to move weeks or add on weeks. If you are interested in doing so, please contact the camp office and we will let you know if we can accommodate your request.

4. PARENT PARTICIPATION IN CAMP OUTINGS AND ACTIVITIES.

Camp helps your child develop and promote their independence and self-reliance. Camp Gan Israel, camp activities are designed for the participation of its campers, camp counselors, and administrators. This year we will not be allowing any parents or visitors in to the building while camp is in session.

5. CAMPER BEHAVIOR.

Camp Gan Israel fosters an inclusive atmosphere of mutual respect and cooperation and courtesy between and among all campers and camp personnel. Disruptive, disrespectful and discourteous behavior will not be allowed. If circumstances warrant, campers may be removed from camp activities, or parents may be required to take their campers home. If misbehavior continues, the camp administration will reconsider the camper's enrollment.

6. CELL PHONES, IPOD'S, TOYS ETC ... AT CAMP

Cell phones, hand-held games and other electronic devices are not permitted at camp. If they are brought to camp, they will need to be deposited in the camp office during camp hours. They can pick them up at the end of the day. We cannot be responsible for any lost or stolen items. Please make certain that you have informed and instructed your camper on these policies.

7. **EMERGENCIES.** Each camper's registration form provided Camp Gan Israel with parent contact information and supplemental contact information was requested in the event of an emergency. We will be calling you if needed. Parents may contact their camper during camp hours by calling the camp office at 972-596-8270 and leaving a message.

HELPFUL INFORMATION

- Phones/Electronics policy-No Electronics will be allowed during camp! Children are encouraged to leave all phones and electronics at home. If children must bring a phone to camp, the phone will be locked up during camp and returned at carpool time. Camp Gan Israel is not responsible for any lost or stolen phones/electronics.
- Toys should not be brought to camp. We are not responsible for toys being lost at camp.
- Please **label everything**. We will make every attempt to get all of your child's items home each day but **please help us by** labeling everything with your child's **first and last name**.
- Tennis shoes should be worn to camp daily. Kids are **welcome to bring crocs/swim shoes** with them to wear at the pool but please do not wear them to camp.
- To help us maintain a healthy environment at camp please refrain from sending children to camp if they are showing any sick or flu like symptoms. If they have had a fever, please do not send them until they are fever free for 24 hours. Please read our COVID Handbook for more detailed information.
- <u>Children in Grades K-6 will be going swimming or using or new Splash Zone ever</u> day of the week. Therefore they need a bathing suit and towel **EVERY DAY of the** <u>week.</u>
- Camp Swim Schedule is as follows:

-2-3 year old campers will swim on site on Mondays, Wednesdays

-4 year old campers will swim & use the Splash Zone **on site** on **Mondays, Tuesday, Wednesdays & Thursday**

-K-6th campers will swim at The Texas Pool, on Mondays and Wednesdays.

On swim days, please send your child with a bathing suit, towel, swim shoes, and sunscreen.
 2yo, 3yo and 4yo's should wear pool shoes when they swim. The ground at the Texas Pool gets very hot. We strongly encourage you to send your K- 1st grader in pool shoes as well.

Camp Gan Israel Office

HELPFUL INFORMATION cont.

- Sunscreen Please apply sunscreen to your child in the morning before you leave for camp. While we do not spend large amounts of time outside, we do go outside throughout the day. Before campers go to the pool, they will re-apply sunscreen. Please send spray sunscreen with you child to camp.
- If your child is being picked up by someone that is not on your carpool form, you must go online to the Ultracamp site and add that person to your child's carpool form before 3pm that day. Otherwise, we will not be able release your child. They should bring a picture ID at pick up.
- If you will be sending your child to camp **late** or need to pick up your child early, **please call** to let us know. The bunks are traveling to different places throughout the day and we need to arrange to have your child here when you pick him or her up.
- Check your email! We will send a weekly email home on Thursday evenings, with the next week's coming events and information. Let us know if you are not receiving these emails.
 Please add our email Cgiadmin@cgiplano.org to your white list in your email provider to insure that you receive our emails.
- For updates, reminders, and daily pictures, we will be communicating through **Whatsapp.** If you do not have the free app downloaded yet, we ask that you do so in order stay up to date with camp information. You will receive a link to join the Camp Gan Israel Whatsapp Group.

Important Contact Information

Rivkie Block, Camp Director Cell (214) 403-1362

Sholom Block, Assistant Director Cell (214) 734-7282

Cynthia Musgrav and Natalie Honnigbaum, *Office Administrators* Office Phone – (972) 596-8270 Camp Email: <u>connect@chabadplano.org</u> Website: <u>www.cgiplano.org</u>

Follow us on Facebook & Instagram for pictures and updates!

Camp Gan Israel Office

CAMP GAN ISRAEL 2020 LUNCH IDEAS

LOOKING FOR LUNCH IDEAS?



Please pack a dairy or pareve **(no meat)** kosher lunch every day. If your child is lactose intolerant, please let us know.

This year, please send your child's lunch in disposal containers and bags. This extra precaution will help limit the possible spread of the virus, through limiting outside items.

We do not refrigerate lunches, however, the building is air-conditioned and your child's lunch will not spoil.

May we suggest packing your child's lunch in an insulated lunch container along with a cold pack for those items that require refrigeration? On outside trip days, you may want to send food that would not easily spoil. In addition, freeze your child's drink and yogurts the night before and allow the drink to serve as the cold pack. By the time lunch is served, the drink is still cold, but no longer frozen.

Lunch Ideas:

Sandwiches on bread, bagels, pitas, mini-bagels or in wheat tortillas: Filling ideas: Peanut butter (Jif, Peter Pan) jelly (Smuckers); honey, avocado; hummus; cheese; cream cheese; lox, tuna fish; egg salad, butter, margarine (Fleischmans)

- 💩 Cheese pizza
- Oheese and crackers
- 🕑 Pasta
- Presh salad with dressing on the side
- Oheese sticks/string cheese
- ④ Yogurt
- Hard boiled eggs
- Ø Kosher fish like tuna or gefilte fish (no shellfish)

Snack Ideas:

- @ Cereal
- Nuts
- Puddings (Jello, Swiss Miss)
- Ø Jello
- @ Granola or cereal bar (Nature's Valley), please no Pop-Tarts or Rice Crispy Treats
- Pretzels
- Ohips
- Fruit fresh, dried or fruit cup (Dole)
- Out up vegetables with hummus or dressing
- In the second second
- Popcorn
- Cookies or crackers

Please check that all packaged items are marked with a Kosher insignia.

Above items in parentheses are examples of Kosher brands. Kosher foods can be purchased in any supermarket. Feel free to ask us if you have any questions and thank you in advance for you

Camp Gan Israel Office

